



Local President's Convening

How to Become a High Performing Local

- Peggy Wirtz-Olsen
- WEAC Vice-President



Our Home on Native Land

We begin by acknowledging that wherever you are today that together we meet on First Nations land. For me that is Kickapoo land. We honor America's First People and all elders, past, present and emerging.

<https://native-land.ca/>



How to Become a High Performing Local

- Local Self Assessment
- Short & Long-Term Planning
- Success Stories
 - Cudahy Education Association
 - Middleton Education Association
 - Port Washington-Saukville EA



Opportunity for Local Presidents

Free of Charge for Local Presidents ONLY—
Thank YOU!

Register by Sept. 30th By
Emailing Becky at
BachmanB@weac.org



DON'T BURN OUT THIS YEAR. JOIN US & FOCUS ON:

- ✓ YOUR OWN WELL-BEING
- ✓ BRINGING EXCITEMENT AND CREATIVITY TO YOUR PERSONAL AND PROFESSIONAL LIVES
- ✓ DISCOVERING YOUR INNER SUPERHERO

This course package includes:

MONTHLY VIRTUAL SELF-CARE ACADEMIES: The time and opportunity for you to take time to take care of yourself and learn how to support your well-being during these unique times. You can look forward to experiencing: Support in creating personal self-care routines and goals, reflective journaling and discussions, grounding and relaxing meditations, hands-on well-being activities and connection with other educators.

TEA TIMES WELLNESS NEWSLETTERS: Our monthly newsletters will be delivered to your email inbox and include simple tips and tricks for self-care supporting all areas of wellness. There will also be videos embedded for you to explore and an option to listen to the newsletter.

WELLNESS CHALLENGES: Each month, you'll receive an email highlighting our upcoming wellness challenge. You always have the option to "opt-out" if a challenge doesn't resonate with you. These challenges are developed based on your feedback and needs and will enhance your physical, mental, emotional, social, and financial wellness skills in a motivating, encouraging, supportive way.

WELLNESS RETREAT: This half day, in-person retreat will be a day of indulgence designed to help educators rejuvenate and develop skills they can carry with them into the future. The retreat includes a swag bag and a healthy meal.

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PRESENTED BY:
STEERING
wellness

MEMBER PRICE \$30
REGISTER NOW

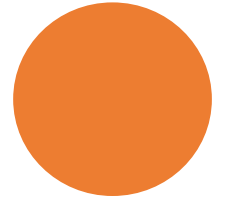


- Local Self Assessment (In Email w/Zoom link)
- Complete the Self Assessment (15-20 minutes)—Get Started Now

Special Guests:

Cudahy Education Association
President Christine Janusiak

Cudahy Superintendent Dr. Tina
Owen-Moore



How to Become a High Performing Local Resources:

- Local Self Assessment
- Compile Results
- Strengths/Areas of Growth

- Set goals/begin planning short-term (this year) long-term (3-5 years)

- Planning Documents
 - Strategic Action Planning
 - Cheat Sheet
 - Worksheet
 - Template





High Performing Locals Roadmaps

- Christine Janusiak—Cudahy Education Association Co-President
 - cmjlmn@gmail.com
- Nathan Ugoretz-Port Washington-Sauville EA (WEAC Region 3 President)
 - emailnathanluke@gmail.com
- Joellen Pauls—Middleton Education Association Co-President
 - jpaulsmea@gmail.com



Only 2 More Local President's Convenings

- September 19th Membership Recruitment and Retention is Crucial to Our Success
- September 22nd Organizing Around Issue and Membership Advocacy
- Reminder—Sign-up for WEA Academy's Building a Balanced Life Course by September 30th by emailing BachmanB@weac.org